

Stride For Fitness 2004  
9/18/2004

10Km Womens Overall Results

PL	NAME (Bib)	TIME	AGE	PER MI	PER KM	CITY	ST
1	Jeanne Lasee (737)	38:55.83	47	6:15.9	3:53.6	Onalaska	WI
2	Meghan MacArdy (739)	38:57.71	22	6:16.2	3:53.8	LaCrosse	WI
3	Suzanne Ray (753)	42:39.77	52	6:51.9	4:16.0	Vadnais hts	MN
4	Marisa Vaughn (770)	47:09.87	25	7:35.4	4:43.0	Rochester	MN
5	Tara Snesrud (764)	50:19.31	30	8:05.8	5:01.8	Rochester	MN
6	Cathy Liberty (738)	50:49.27	44	8:10.6	5:04.8	Rochester	MN
7	Kim Jensen (732)	51:48.10	33	8:20.1	5:10.7	Rochester	MN
8	Kit Hawkins (726)	52:13.85	50	8:24.3	5:13.3	Rochester	MN
9	Jean Roth (756)	53:04.60	27	8:32.5	5:18.5	Rochester	MN
10	Sharon Riester (755)	53:11.87	46	8:33.7	5:19.2	Wabasha	MN
11	Jacqueline Stevermer-Bak	53:18.45	39	8:34.6	5:19.7	Oronoco	MN
12	Sonja Kranz (736)	53:19.56	42	8:34.9	5:20.0	Rochester	MN
13	Elizabeth Porter (749)	53:29.56	31	8:36.5	5:21.0	Hastings	MN
14	Nina Bren (715)	53:32.35	47	8:36.9	5:21.2	Chatfield	MN
15	Kristi Quade (751)	53:54.16	35	8:40.4	5:23.3	Rochester	MN
16	Jane Manno (740)	53:58.22	48	8:41.1	5:23.7	Rochester	MN
17	Pam Setera (760)	55:19.60	38	8:54.3	5:32.0	Rochester	MN
18	Tish Torchia (769)	56:55.64	42	9:09.7	5:41.6	Rochester	MN
19	Karen Yaszemski (780)	56:56.06	49	9:09.7	5:41.6	Rochester	MN
20	Kathy Wangen (772)	57:03.91	52	9:11.0	5:42.3	Brownsdale	MN
21	Sue Heldt (727)	58:32.52	57	9:25.3	5:51.2	Rochester	MN
22	Susan Hanson (723)	59:27.47	44	9:34.0	5:56.7	Rochester	MN
23	Bekah DuMond (720)	60:32.72	26	9:44.6	6:03.2	Rochester	MN
24	Teresa Biermeier (781)	60:33.12	33	9:44.6	6:03.2	Rochester	MN
25	Gail Peterson (748)	1:01:00.16	37	9:49.0	6:05.9	Rochester	MN
26	Mary Hanson (724)	1:01:17.12	38	9:51.7	6:07.7	Rochester	MN
27	Lora Powell (750)	1:01:17.56	38	9:51.9	6:07.7	Rochester	MN
28	Laura Yokiel (777)	1:01:44.70	25	9:56.2	6:10.5	Edina	MN
29	Melissa Wilhorn (773)	1:06:05.31	30	10:38.	6:36.5	Rochester	MN
30	Joy Allen (712)	1:06:05.77	27	10:38.	6:36.6	Rochester	MN
31	Colette Miller (741)	1:28:08.39	69	14:11.	8:48.7	Rochester	MN